



RACE CALENDER 2024

"Wise up to water safety"



Day	Date	Race & Location	Club	Contact	Mobile	Ladies	Men's	Tide	Q	CP	P
Please read all Facebook posts and WhatsApp messages from your club reps for latest race news.											
1	Sun	19-May	LOS Welcome Back Swim (1KM - 1.2KM) Portmarnock Note Welcome Pack Give Out Prior to Race.	LOS							
2	Sat	25-May	Glenalbyn SC - Seapoint	Glenalbyn SC		11:30	12:30	12:35	Y	Y	Y
3	Sun	26-May	Swan Leisure - Bray Promenade	Swan Leisure		14:00	14:00	14:35	Y	Y	Y
4	Sat	01-Jun	The Siobhan McKenna Cup - Killiney Beach	Half Moon SWC		10:30	11:30	07:28	Y	Y	Y
5	Sun	02-Jun	Phoenix - Killiney Beach	Phoenix SC		10:30	11:30	08:35	Y	Y	Y
6	Sat	08-Jun	NAC Masters - Low Rock, Malahide	NAC Masters		11:30	12:30	13:35	Y	Y	Y
7	Sun	09-Jun	Clontarf - Bull Wall, Clontarf	Clontarf SC		12:30	13:30	14:35	Y	Y	Y
8	Sat	15-Jun	Dublin SC - Killiney	Dublin SC		10:30	11:30	06:42	Y	Y	Y
9	Sun	16-Jun	South Side 3KM (Location TBC)	LOS		12:30	12:30	07:35	Y	N	Y
"National Water Safety Awareness Week" (Mon June 17th - Sun 23rd)											
10	Sat	22-Jun	Eastern Bay Cups - Low Rock Portmarnock	Eastern Bay SC		12:30	13:30	12:45	Y	Y	Y
	Sat	22-Jun	lambay Island - Low Rock Portmarnock (Inaugural LOS 10 km Sea Race) Limited Entry.... TBA	LOS		09:30	09:30	12:45	Y	N	N
11	Sun	23-Jun	Meath Masters - Lough Lene	Meath MSC		11:30	12:30	13:29	Y	Y	Y
12	Wed	26-Jun	Leinster Open Sea - Southside - Killiney	LOS		19:30	19:30	15:33	Y	N	Y
13	Sat	29-Jun	Guinness - Killiney	Guinness SC		11:30	12:30	18:46	Y	Y	Y
14	Sun	30-Jun	Eddie Heron/John McCarthy - Killiney	Sandycove SWPC		11:30	12:30	07:35	Y	Y	Y
15	Sat	06-Jul	Garda SC - Low Rock, Portmarnock	Garda SC		11:30	12:30	12:48	Y	Y	Y
16	Sun	07-Jul	Bob Bushell Trophy - Killiney	Half Moon SWC		12:30	13:30	13:37	Y	Y	Y
17	Sat	13-Jul	94th Island Race - Ireland's Eye, Howth	LOS		TBC	TBC	17:35	Y	N	N
	Sun	14-Jul									
18	Sat	20-Jul	Templeogue - Seapoint	Templeogue		11:30	12:30	11:41	Y	Y	Y
19	Sun	21-Jul	Jim Kavanagh/Plunkett McAllister - Low Rock	North Dublin WSC		11:30	12:30	12:31	Y	Y	Y
20	Wed	24-Jul	Leinster Open Sea - Southside - Killiney	LOS		19:30	19:30	14:35	Y	N	Y
July 25th is World Drowning Prevention Day											
21	Sat	27-Jul	Tracey Lawlor Cup - Curracloe, Co. Wexford	Wexford Masters		15:30	16:30	17:14	Y	Y	Y
22	Sun	28-Jul	Aer Lingus Masters - Tower Bay, Portrane	Aer Lingus Masters		15:00	16:00	18:12	Y	Y	Y
23	Wed	31-Jul	Leinster Open Sea - Northside - Low Rock	LOS		19:30	19:30	21:33	Y	N	Y
24	Sat	03-Aug	Caulfield & Lynch Cups - High Rock/Portmarnock Beach	St. Vincent's WPC		11:30	12:30	11:53	Y	Y	Y
25	Sun	04-Aug	94th CJK Dún Laoghaire Harbour Race	LOS		TBC	TBC	12:37	Y	Y	Y
26	Sat	10-Aug	High Rock - Portmarnac 3KM Swim	LOS		15:00	15:00	16:41	Y	N	Y
	Sun	11-Aug									
27	Wed	14-Aug	Arthur Dunne _ South Wall	Half Moon SWC		19:30	19:30	19:30	Y	Y	Y
28	Sat	17-Aug	Leinster Open Sea Races (Lough Lene) - 10k/5k/2.5k/4x2.5k relay	LOS		TBC	TBC	10:41	Y	N	N
	Sun	18-Aug									
29	Sat	24-Aug	Healy/O'Kane Cups - Wicklow Harbour	Wicklow SC		14:00	13:00	15:55	Y	Y	Y
30	Sun	25-Aug	Guinness - Killiney	Guinness SC		11:30	12:30	16:43	Y	Y	Y
	Wed	28-Aug						20:02			
31	Sat	31-Aug	NAC Masters Race2 - Low Rock, Malahide	NAC Masters		11:15	12:15	10:57	Y	Y	Y
32	Sun	01-Sep	Bray Promenade	Half Moon SWC		12:30	13:30	11:40	Y	Y	Y
Collect Hats & Shirts for 104th Jones Engineering Dublin City Liffey Swim Thursday 5th September 4pm - 6.30pm TUD Aungier Street											
33	Sat	07-Sep	104th Jones Engineering Dublin City Liffey Swim	LOS		TBC	TBC	14:57	Y	Y	Y
	Sat	TBC	Boyne Swim (Please note Race not organised by LOS)	Drogheda				14:57	N	N	N
	Sat	14-Sep									

ENTRY TO ALL RACES IS AVAILABLE ONLINE AND AT THE VENUE.

- 1) Swimmers must complete minimum 4 races to enter race 17. The Island Race
- 2) Swimmers must complete minimum 6 races to enter race 25. CJK Dún Laoghaire Harbour Race.
- 3) Swimmers must complete minimum 7 races to enter race 33. 104th Jones Engineering Dublin City Liffey Swim

Best of three swimmers. Prizes for fastest swimmers in each age category and overall winners after 3 swims. 3 Points awarded to all swimmers.

Newly established distance swims for 2024. Prizes for fastest swimmers in each age category. 4 Points awarded to all swimmers.

Q = Qualifier for The Island Race, The CJK Dún Laoghaire Harbour Race & The Jones Engineering Dublin City Liffey Swim

CP = Points for Club of the Year Competition

P = Points for Swimmer of the Year

Media website and club email:
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2024 season registration required prior to taken part in any races. Please visit our results website at:

www.leinsteropensearesults.com

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