

**LOS Communication Policy** 

Effective communication with children requires styles and behaviour appropriate to the child's age. Rewarding interactions with children require an understanding of how children of different ages communicate and what they like to talk about. Adults must communicate in a way that relates to the age and interests of the child.

## Leading by example

## Adults Should-

- Consider what example they are setting. What a child sees you do is as important as what they hear you say.
- Only make a promise to a child that you are sure you can keep. This helps to build and maintain trust between adults and children.
- Lead with kindness when communicating with young people.
- Communicate positively with children by paying attention, respecting the child's feelings and watching your tone of voice.
- Never use inappropriate language

## Children thrive with words of encouragement and praise.

- Praise their efforts, not just their results.
- Positive, encouraging words help children to feel confident and happy.
- Allow young people to have differences of opinion and respect their point of view.
- Try not to interrupt, lecture or criticise.
- Positive communication is a two-way street in which both parties take turns listening and talking.

Allow important or difficult issues to be discussed without the fear of over-reaction, criticism or blame.

Communicate openly, and make sure children know you're there for them.

Leinster Open Sea will endeavour to create and a safe and positive environment for young people by effectively communicating with all our stakeholders on safeguarding issues.